

Trouble Sleeping?

Have you tried switching off or unplugging wireless devices?

- WiFi
- Cell phones
- Cordless phone + base

Want to sleep even better?

**See the Solutions page at
www.electricalpollution.com**

ALL WIRELESS DEVICES EMIT RADIOFREQUENCY RADIATION—a known biological hazard

The World Health Organization (WHO) labels this radiation a Class 2B cancer-causing toxin in the same category as lead and DDT.

Cell phones, cordless phones, tablets, smart meters, wireless baby monitors, wireless devices—the more you are around these devices, the more radiation you get.

Radiofrequency radiation is harmful to you. Scientists link this radiation to diseases, both long-term and short-term: cancer, pain, infertility, damage to DNA and fetuses, problems with sleep, memory, and behavior, cardiac arrhythmia, neurological disorders...

Microwave radiation falls within the radiofrequency radiation range. Pulsed modulated microwave radiation, which is extremely biologically active, is used for most common wireless devices.

Many people have gotten radiofrequency (microwave) sickness after overexposure and now cannot tolerate common exposures, seriously impacting their health, job, housing, and social life.

Humans are not the only ones impacted by biologically active levels of radiofrequency (microwave) radiation in the environment. Studies show that birds, frogs, bees, bats, butterflies, and trees are all adversely affected.



“the electromagnetic [radiofrequency] radiation standards used by the Federal Communications Commission (FCC) continue to be based on thermal heating, a criterion now nearly 30 years out of date and inapplicable today.”

- U.S. Department of Interior, 2014

Protect yourself and your loved ones:

- **Get Hard-Wired!** Ethernet cables provide faster, safer, more secure internet connections.
- **Turn OFF wireless when not in use**, if you must use it at all. It constantly emits microwave radiation while on.
- **Use a corded landline at home.** Cordless phones are as dangerous as cellphones.
- **Keep your distance. Turn it OFF.** Phone manuals tell you to keep your phone out of your pocket and away from your skull. **Mobile phones emit microwave radiation constantly while waiting for a call.** Airplane mode turns off most transmitters in most phones and preserves the battery.



Even techies are realizing how dangerous wireless is.

Visit www.c4st.org, run by Frank Clegg - former **President of Microsoft Canada**. Read about Didier Bellens, **President of Belgacom** - the largest Belgian telecom. He doesn't allow WiFi on his floor of the building and only uses a landline.

• **Use Laptops** on battery whenever possible with a wired external keyboard, mouse, and internet connection, and **wireless turned OFF**.

• **Do not use wireless devices inside metal enclosures**, like cars, elevators, airplanes and trains. Here, radiation greatly increases.

- **Ditch the "smart" (aka AMR, AMI, ERT...) meter** - it pulses microwave radiation 24/7/365. Demand a non-electronic analog meter - no "dirty electricity" or microwaves. Support consumer protection legislation.
- **Support universal fiberoptic broadband to premises.**
- **Visit Protect Wisconsin!** at www.electricalpollution.com/ProtectWI.html for live links, up-to-date information, and action opportunities.
- **Tell your friends and family.** Browse www.electricalpollution.com and www.stopsmartmeters.org for information, scientific studies and actions.

Radiation from wireless technology is not for children or pregnant women. Prenatal and childhood exposure is linked to hyperactivity, behavioral problems, brain changes, and autism.